

On-site Training Opportunity

Beyond Nourishment:

Enhancing The Dining Experience

Create a meal time experience beyond nutrition.

Learn how to make the dining experience a nurturing and community building event.

Dear Provider,

Meal times provide us with unlimited opportunities to build relationships, engage our residents as well as add laughter and life to our communities. From the meal time experience our staff can learn about person centered services, problem solving skills, old-fashioned manners and meal time etiquette. Staff will gain the confidence to work with even our most challenging residents. All of this can be accomplished with no additional expense!

I am convinced that there is a huge generation gap between our residents and their caregivers related to the dining experience. This training will help bridge that gap as staff learn more about the dining experience from when our residents were younger. The icing on the cake will be that these creative, yet simple, ideas will enhance your marketing efforts giving you a competitive edge.

This training will have your staff, residents, and family members interacting in a new and exciting way as they learn more about one another.

We are proud to be the leader in advocacy, education and resources for providers.

Brenda L. Roberts

For More Information

If you are interested in having this training opportunity at a very affordable cost, please contact Brenda L. Roberts, Director of Quality Assurance and Education by telephone at (734) 525-2407 or (800) 482-0118 x2407 or by email at broberts@miassistedliving.org.



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- Do you want to create the optimal mealtime experience for your residents?
- Are you searching for activities that will enrich the lives of your residents?
- Do you want your residents and staff to build relationships that go beyond the dining room?
- Are you looking for indisputable marketing techniques?
- Are you trying to do all of the above on a shoe string budget?

If you answered yes to any of these questions, you will want to offer this exciting and interactive workshop for your staff.

You will rediscover that meals are more than the food we eat. You will also learn how to make meals a meaningful social event that provides unlimited marketing opportunities. Learn how all of this can be done at little or no additional expense with helpful tips that you can immediately incorporate.

Learn how to...

- Improve resident satisfaction and autonomy;
- Provide person-centered services;
- Incorporate meal time hospitality and old-fashioned manners;
- Teach staff communication and problem-solving skills;
- Help residents enhance and maintain independence at meal time;
- Diminish unwanted meal time behaviors;
- Celebrate diversity and culture;
- Have fun, build community, and enjoy every meal experience; and
- Use these skills to gain the competitive edge in marketing.

Meal time is more than just enhancing the dining experience. It is enhancing the life experience of our residents by building on past memories and creating new memories.

Who Should Attend?

Administrators, team leaders, supervisors, life enrichment and activity staff, trainers, dietary staff as well as direct care workers. In addition, consider inviting involved family members and hospice or home health staff that work in your facility and assist at meal times. For maximum impact involve your entire team.

Continuing Education Credits

Approved for three CEU for AFC Licensees and Administrators and three CEU for Nursing Home Administrators.

About the Presenter

Dynamic, enthusiastic, and high-energy are some of the adjectives that participants have used to describe our presenter, Brenda Roberts. She possesses a unique blend of experience, education, and passion.

Brenda has over 30 years of experience in the long-term care industry. She earned her master's degree from Central Michigan University with an emphasis on the adult learner. Brenda is a skilled public speaker with a passion that is felt by her audience. Attend this training, experience Brenda's passion, and be re-energized!