

MICHIGAN ASSISTED LIVING ASSOCIATION | ANNUAL CONFERENCE & DEMENTIA SUMMIT



May 11-13, 2020 @ The Lansing Center
333 E. Michigan Avenue, Lansing, MI 49833

IMPORTANT INFORMATION

Continuing Education Credit Hours

Continuing Education Credit Hours (CEUs) are pending for Nurses, Nursing Home Administrators and Social Workers.

Need AFC CEUs?

AFC Administrators and Licensees will receive a certificate of attendance for all sessions attended.

Spirit of Service Awards

The Spirit of Service Award recognizes excellence and quality in supporting older adults and people with disabilities. Visit our website for nominations.

Parking

The Lansing Center Parking lot is \$10.00 per entry and is located north of the main building. Enter off of Cedar Street by the City Market.

Payment & Discount Policies

Full payment is due with registration. Payment must be received by or post-marked by April 23, 2020 to qualify for the early registration discount. You may pay by check or credit card. To register safely and securely online please visit our website at www.miassistedliving.org.

Hotel Accommodations

Radisson Hotel Lansing at the Capitol is the preferred hotel. To reserve a room at the Radisson please contact them at 800.333.3333 and mention promotional code MALA20.

Trade Show Hours

Tuesday, May 12, 2020 from 7:30am-3:30pm.

More Information

For more information including the refund policy please visit www.miassistedliving.org.

VISIT THE TRADE SHOW!

Trade Show Hours: Tuesday, May 12, 2020 from 7:30am-3:30pm.

This amazing trade show has vendors in place ready to share how they can add value to your business. Every attendee will be entered into a raffle for prizes to be drawn at the conclusion of the trade show on May 12th.

Miles the Brain

The Great Minds Pedagogy Brain is designed for you to learn about dementia in a new way. You are invited to walk through this oversized inflatable brain. Inside you will experience how the brain is impacted by different types of dementia.



Dementia Live – Gain New Perspectives into Life with Dementia

The Dementia Live® experience immerses participants into what life might be like living with dementia. In this impactful session, you will be engaged in a hands-on activity that will transform your understanding of and empathy for persons who are living with dementia. Participants will learn new tools to improve communication skills while engaging with others in a dynamic interactive learning and sharing session. Don't miss this opportunity to gain a unique inside-out perspective of cognitive and age-related sensory changes.

Monday, May 11 @ 11:30 AM

Registration Opens

1:00 PM – 5:00 PM

Pre-Conference Dementia Kick-off | Concurrent Sessions

Preventing or Responding to Distress Among Persons Living with Dementia Through the Promotion of Well-Being

Dr. Jennifer Carson, PH.D., Research Assistant Professor & Director, Gerontology Academic Program, University of Nevada

Most distress among persons living with dementia represents an expression of unmet need. Instead of treating ill-being through reactive pharmacological and/or non-pharmacological interventions, our primary goal should always be supporting well-being. Today, we will learn how to use the seven domains of well-being developed by the Murray Alzheimer Research and Education Program (Dupuis, Whyte, Carson, et al. 2012) as a framework to assess and proactively support well-being. When necessary, this framework can also be used to decode and respond to expressions of stress and distress, thus reducing excess disability and unnecessary drug use.



Driving with Dementia: Insights for Person-Centered Engagement

Jack York, President & Cofounder, It's Never 2 Late (iN2L)

As part of the iN2L 60/20 Tour, a three-month road trip around the country to celebrate 20 years of senior living residents having fun with iN2L technology, president and co-founder Jack York spent many hours with older adults. Some of the most powerful moments of this experience occurred during outings in the official tour van, when Jack had the opportunity to observe firsthand how the right kind of engagement can have transformative



impact on those living with dementia. Join Jack to learn more about these “driving with dementia” experiences as he shares videos and stories of these moments as well as key takeaways and opportunities for engagement (including technology-enabled engagement) of those living with dementia.

When Teams Become Family

Lori La Bey – Founder of Alzheimer's Speaks

Cyndy Luzinski, MS, RN, Contented Dementia Trust SPECIAL Coach, Dementia-Friendly Communities of Northern Colorado

Brian Van Buren – Advocate. Person Living Well with Dementia. Family Care Partner.



In this session, we will discuss how to create an environment that supports and engages your entire team: persons served, staff and families. Yes, families are an integral part of your team and when included and supported they can increase staff satisfaction. This session will offer a candid discussion of why families act the way they do. It will challenge many of the perceptions you may hold about family members. In addition, you will walk away with strategies that will help you create a family-centered culture where every team member, including persons served, family members and staff, work as partners to improve the wellbeing and satisfaction of all.

Monday, May 11 @ 6:30 PM – 8:30 PM Official Conference Kick-off

The Magic of Hope

Anthony Grupido, Founder of Magic of Hope

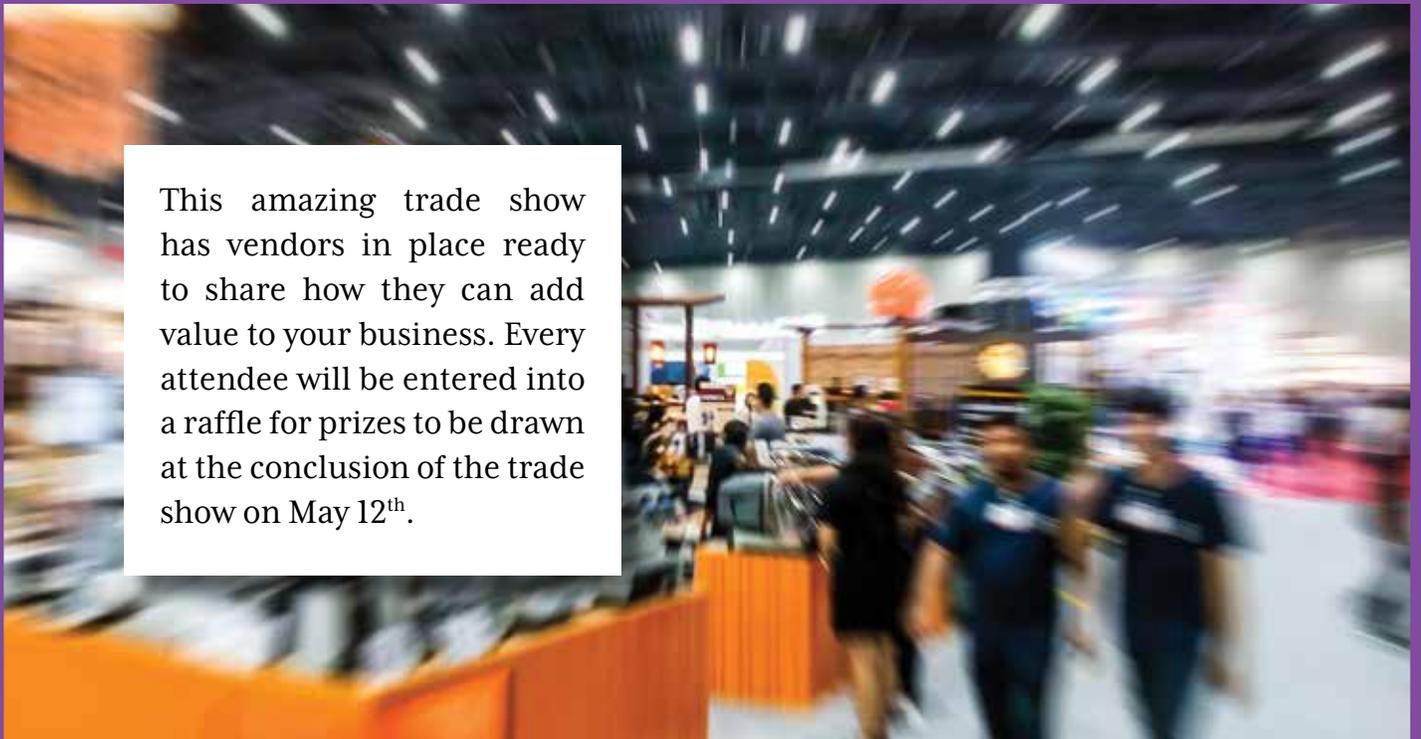
In this powerful presentation, Anthony Grupido is wrapped in a straitjacket and 40-foot chain. As he escapes, Anthony shares his story about overcoming depression and being a Suicide Attempt Survivor. He talks about the negative coping skills he employed including drugs, alcohol and self-harm. He will introduce healthy coping strategies everyone can employ. Anthony's story includes the world of social media and cyberbullying and their impact on mental health and self-worth.

This presentation is emotionally charged. Anthony will have your jaw dropping at his magic, your side splitting at his humor while he shares an honest and open conversation about coping with stress, mental health and overall well-being.



Tuesday, May 12 @ 7:30 AM – 3:30 PM Trade Show

This amazing trade show has vendors in place ready to share how they can add value to your business. Every attendee will be entered into a raffle for prizes to be drawn at the conclusion of the trade show on May 12th.



Tuesday, May 12 @ 7:30 AM
Registration Opens

7:30 AM – 3:30 PM
Trade Show

8:30 AM – 10:00 AM
Concurrent Sessions

Rethinking Memory Care: Practical Pathways to Inclusion

Dr. Jennifer Carson, PH.D., Research Assistant Professor & Director, Gerontology Academic Program, University of Nevada

Increasingly, locked and segregated memory care is being challenged, especially by people living with dementia who are demanding their human rights and the freedom to live in a restraint-free world. As a field, we are being called to create inclusive communities for people of all abilities. The time for change is now, but it's a complex issue that requires knowledge, planning, communication and teamwork. In this session, we will explore the case for inclusive living, including moral, clinical, evidence-based, and demographic arguments. Then we will consider practical pathways to inclusion, highlighting practice-based examples from providers who are making strides and leading the way.

Dementia Live – Gain New Perspectives Into Life with Dementia

Julie Boggess, CDP, LNHA, MPA, AGE-u-cate Training Institute

DEMENTIA Live™

The Dementia Live® experience immerses participants into what life might be like living with dementia. In this impactful session, you will be engaged in a hands-on activity that will transform your understanding of and empathy for persons who are living with dementia. Participants will learn new tools to improve

communication skills while engaging with others in a dynamic interactive learning and sharing session. Don't miss this opportunity to gain a unique inside-out perspective of cognitive and age-related sensory changes.

“Knock Knock, Who's There?” Effective Responses When An Investigator Is At Your Door

Gregory Bator, Attorney and Counselor at Law, BATOR LOBB, PC

Christian Lobb, Attorney and Counselor at Law, BATOR LOBB, PC

This session will cover the rights and duties of providers and staff when licensing, wage & hour, adult protective services, recipient rights, or law enforcement appear on-site to conduct an investigation. These rights and duties vary depending on the agency affiliation of the investigator and the nature of the location where services are provided. We will offer guidance and training on how to protect your license, contract and business and on how to avoid common mistakes when subject to an investigation.

MapHabit – Visualize Your Day

Matthew Golden, Co-Founder & CEO, MapHabit

Don't miss this session if you want to make a positive impact on the life and well-being of persons living with dementia and their care partners. Visual mapping is a way to take an idea or concept and transform it into a visual aid for a better understanding. In this session you will explore cutting-edge use of visual mapping for persons living with dementia. Explore the benefits of visual mapping which include building repeatable/step-by-step routines, streamlining reminders for key activities and increase independence / self-worth for those struggling with cognitive impairment. You will learn how visual mapping can reduce caregiver

Tuesday Continued

turnover, provide consistency of care, increase family engagement/satisfaction and drive increases in customer acquisition.

Bathing Without A Battle

Teepa Snow, MS, OTR/L, FAOTA, Positive Approach, LLC

During this session Teepa will focus on improving the bathing experience for both the person served and the care partner. She will provide helpful hands-on techniques that are effective for anyone needing assistance with bathing, but especially for those living with dementia. Teepa will discuss the importance of knowing the personal preferences and history of the person served. She will also discuss assessing the physical environment as well as the flow of the day, routines and care partner approach. Teepa's positive approach to care helps care partners focus on remaining abilities.



solutions that can be adopted to facilitate a consistent and engaged workforce. Session attendees will walk away with new ideas and solutions for recruiting, hiring, engaging, developing and retaining staff. They will have a greater understanding of how to take the solutions to a practical level and apply them within their organization as next steps. In addition, they will be inspired by the real-world examples, data-driven research, and proven, measurable improvements to help overcome some of their most significant workforce challenges.

Caring for Transgender Persons in Residential Settings: Best Practices for Inclusive Policies, Procedures, and Language

Deirdre Shires, Ph.D., MPH, MSW, Michigan State University School of Social Work

Transgender individuals face numerous barriers to receiving sensitive, high quality care in a variety of healthcare settings, including residential and long-term care communities. This session will highlight ways to ensure quality care for transgender individuals as well as ways to promote culturally sensitive practices in both clinical care and through improving organizational policies and procedures.

The Opioid Crisis: The Essentials for Providers

James Ypma, M.P.A.

Michigan is no exception in the nation's opioid epidemic and misuse among residents is becoming a public health concern. This workshop will look at the biology of addiction, how opioids affect brain function, common opioids by class, signs and symptoms of use, misuse and treatments. The presenter will discuss new guidelines for opioid use for pain.

In It To Win It: How To Attract, Engage & Retain Like A Champ Amidst Workforce Challenges

Lori Presser, BSHA, CDP, ACC, CMP, CEAL, Area Sales Manager, Ohio Person Centered Care Board Member, OnShift

Massive workforce issues are challenging providers now more than ever before. While there's no silver bullet to overcoming today's crisis, there are a multitude of bright spots that can serve as a blueprint to improving the way we attract, hire, engage and retain employees. This session will dive into key strategies and practical

Contented Dementia—Really?

Cyndy Luzinski, MS, RN, Contented Dementia Trust SPECAL Coach, Dementia-Friendly Communities of Northern Colorado

The SPECAL® method, developed in the UK, is a practical, unique, and effective approach, tailored for the condition of dementia, regardless of cause. It can be learned and used by anyone. It costs nothing to implement and it can bring about immediate and sustainable improvements in the quality of life for persons with dementia and for everyone involved in their care. The SPECAL® method treats dementia as a disability and works positively with it, rather than trying to ignore or defeat it. Come learn about this counter-intuitive approach and walk away with 3 Golden Rules and an understanding, like never before, of WHY this approach works.

Tuesday Continued

10:30 AM – 12:00 PM
Concurrent Sessions

Making Sense Of It All: Dementia & Sensory Changes

Panel of Persons Living with Dementia

Dementia significantly impacts a person's senses. It changes how people interpret what they see, hear, taste, feel, and smell. The extent of these changes is highly individual and in constant flux. In this session, you will learn first-hand from a panel of persons living with dementia about sensory changes. In addition, the panelists will share compensatory strategies they employ as well as accommodations others can make that support their well-being.

Dementia Live – Gain New Perspectives into Life with Dementia

Julie Boggess, CDP, LNHA, MPA, AGE-u-cate Training Institute

The Dementia Live® experience immerses participants into what life might be like living with dementia. In this impactful session, you will be engaged in a hands-on activity that will transform your understanding of and empathy for persons who are living with dementia. Participants will learn new tools to improve communication skills while engaging with others in a dynamic interactive learning and sharing session. Don't miss this opportunity to gain a unique inside-out perspective of cognitive and age-related sensory changes.

Dementia and Persons Living with Developmental Disabilities or Mental Illness

Teepa Snow, MS, OTR/L, FAOTA, Positive Approach, LLC

This session is designed to help care providers and professionals better understand and meet the needs of those with developmental disabilities or mental illness who are also living with dementia. It will highlight some of the commonly unrecognized signs of the onset of dementia in these populations that make 'behavior plans' ineffective. Teepa will provide structured

opportunities to recognize the use of different techniques that can help care partners maintain the individual's skills and abilities as long as possible. She will also present methods for the development of new care routines and daily programming. Emphasis will be on early recognition of changes and planning effectively for the person's future as established habits and routines are lost.

Connecting Through Creativity

Heather Comstock, Dementia Care Educator, Dementia Friendly Wyoming with the Hub on Smith.

John Wood, Professional Artist, Educator, Person Living with Dementia

Creativity is preserved in persons living with dementia long after other abilities are lost. In fact, new and extraordinary creative and artistic abilities are often discovered after a dementia diagnosis. Creating and co-creating art provides rich opportunities for meaningful social engagement, self-expression and relaxation for persons living with dementia and their care partners. This session will demonstrate how art can be used to enhance autonomy, choice, decision-making and sense of accomplishment. A variety of creative expressions will be explored with a special emphasis on "Opening Minds Through Art" (OMA), an award-winning evidence-based program for people with dementia and other neurocognitive disorders. This session is for you – whether you consider yourself lacking artistic ability or a creative and talented artist.

Introduction to Psychiatric Medications

James Ypma, M.P.A.

This is an introduction to psychiatric medications that are used to treat diseases of the brain and mind. Presented by class of the common uses, side effects, brain effect and implications in care. There will be a discussion about working with clients who are prescribed these medications and issues surrounding the use of these psychotropic medications. Medication classes to be presented are: anti-psychotics, anti-depressants, mood stabilizers, and anti-anxiety medications.

Tuesday Continued

Human Trafficking: Important Lessons From a Survivor

Joyce Dixson-Haskett, LMSW, ACSW,
Joyce Haskett & Associates LLC

A metro Detroit woman spent most of her life hiding a deep secret. It was a part of her that she was ashamed to share. Though now, her fears have been set aside. She is an open book for all to read. Joyce Dixson-Haskett was used, manipulated and abused. She was a victim of human trafficking.



Joyce's journey is gripping, unbelievable and tragic. From murderer to prisoner to human rights advocate. Joyce Dixson-Haskett has a story that will give you chills and, hopefully, a reason to take action.

6 Key Elements of Building a Sustainable Culture of Care

Kym Juntti, BBL, Master Mentor-GTI, ASTD Certified Trainer,
MORC, INC

With unprecedented change in Behavioral Health it can feel like there is little we can do to effect positive change. Participants will learn 6 key elements of supporting a highly effective workforce while increasing positive change for those served. This presentation will demonstrate practical ways to positively influence culture and the bottom line.

Caregiver Trend Report 2020: Behind the Data

Maggie Keen, Vice President of Strategic Initiatives, HealthHire

Behind the Data dives deep inside the minds of caregivers. HealthHire/myCNAjobs' CEO led a series of focus groups to get under the hood of care workers to better understand their experiences, preferences, and stories behind recruitment and retention labor trends impacting the senior living market. Join us to experience the faces, voices, and stories of care workers across the nation. We'll explore uncomfortable topics from pay to abuse to racism with one goal in mind; a deeper understanding of the workforce driving your revenue.

Reframing Fall Risk: Balance, Falls, and Brain Health

Dr. Brittany Denis, PT, CPT-RES and Allen Hus, OTR/L

This course will focus on the connection between balance, fall risk, and brain health. We will cover what actually defines a fall as well as a discussion on erasing the stigma around talking about falls. Included is an overview of fall risk factors and the latest research on the connection between balance and dementia. Finally, the course will provide practical steps to help older adults prevent falls, improve balance and balance confidence.

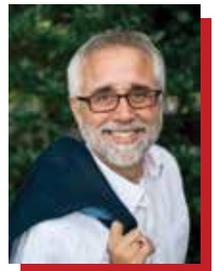
12:00 PM – 1:30 PM
**Lunch Break and Spirit of
Service Awards Ceremony**

1:30 PM – 3:00 PM
Concurrent Sessions

Living Well with Dementia: An Up Close and Personal Look

Brian LeBlanc, International Advocate. Public Relations
Profession. Professional Person Living Well with Dementia.

Brian LeBlanc found his career niche in the professional world as a Marketing and Public Relations Executive. All that changed in October of 2014 when he was diagnosed with Early-Onset Alzheimer's Disease. Since Brian made a career by using his voice, he knew, what he felt he HAD to do...he began talking about living well with Dementia.



Questions?

Give us a call at **1-800-482-0118**.

Send us an email at **mala@miassistedliving.org**.

Visit our website **www.miassistedliving.org**.

Tuesday Continued

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“Sundowning”

Teepa Snow, MS, OTR/L, FAOTA, Positive Approach, LLC

The term “sundowning” is commonly used to refer to the increase in challenging situations that occur with people living with dementia in the later afternoon and evening hours. In this session, Teepa will explain how brain changes contribute to these behaviors and situations. Attendees will also learn how to distinguish behaviors and situations that are truly causing or signaling distress versus those that may be able to be ‘let go.’ Teepa will introduce six factors that can be used to assess and resolve these situations as well as essential supportive communication strategies.

Prayer Motion

Anne Borik, M.D., Founder, Prayer Motion

Prayer Motion will be an experiential session that will provide attendees with an effective tool on how to energize the mind, body and soul through movement, music and prayer gesture. Dr. Borik will focus on words, prayers and songs that will engage the human spirit in a way that will leave you feeling a profound sense of inner peace and ‘strength for the journey’ of life. Dr. Borik, a Catholic medical physician, developed Prayer Motion as a very simple, fun and effective way to decrease stress.

Key Issues Update for Community Mental Health Funded Providers

Dr. George Mellos, Deputy Director, Behavioral Health & Developmental Disabilities, Michigan Department of Health and Human Services

This session will present the latest development within the Michigan Department of Health and Human Services which impact Providers funded through the Community Mental Health System. The key issues include a state budget report; update on the Home and Community-Based Services final rule; status report on the Department's new vision for the behavioral health system; update on waivers; and other timely issues.

Human Trafficking: Important Lessons From a Survivor

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Employee Benefits - What's on the Horizon

*Joyce Leininger, Executive Director, Employee Benefits,
Lau & Lau Associates, LLC*

*Jessica Stanley, Corporate Benefits Relationship Manager,
Lau & Lau Associates, LLC*

This presentation reviews recent and upcoming changes to laws that affect employee benefits. We will also discuss what might be on the horizon based on the upcoming election, decisions related to the Affordable Care Act, etc.

Tuesday Continued

Best Practices for Organization-Wide Fall Prevention Planning: Getting Your Team on the Same Page

Allen Hus, OTR/L

Dr. Brittany Denis, PT, CPT-RES

This course will focus on implementing an organization-wide fall prevention program. Evidenced-based practice dictates fall prevention programs require an understanding of common fall risk factors, basic balance interventions for specific populations, and improved communication amongst all staff members. The largest impediment to fall prevention is the lack of conversation about falls. Therefore, we will discuss how to facilitate an open and safe environment which encourages engagement with the older adults you serve.

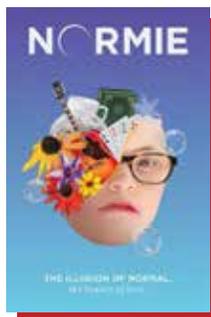
Horses are Miracle Workers

Sue Brook Owner, Operator, and Lead Trainer/Coach at M&MS Farms

Did you know that the Americans with Disabilities Act (ADA) guarantees miniature service horses the same access rights to services and facilities as service dogs? Miniature horses have the legal right to go shopping, to doctor's offices, hospitals, hair appointments, and restaurants. They ride in personal vehicles, and on buses, trains, and airplanes. Miniature horses provide tasks that mitigate disabilities and provide emotional support. Join this intriguing session and meet Feather, one of the miracle working horses.

Documentary: Normie

When Annemarie looks in the mirror, she sees Down syndrome. She hates it. To her, the diagnosis is a giant barricade keeping her from the independence and intimacy she desperately desires. She embarks on a journey of self-discovery as she tries to understand what it means to be normal.



3:30 PM – 5:00 PM
Concurrent Sessions

Making Sense Of It All: Dementia & the Sense of Purpose, Meaning, Well-Being and Humor

Panel of Persons Living with Dementia

Purpose in life has long been considered an important aspect of well-being. This session will consist of a panel presentation of persons living well with dementia. Panelists will discuss how they discovered new meaning and purpose to life after a dementia diagnosis. The discussion will also include how well-being is maintained and how humor plays an important role in living well and thriving despite a dementia diagnosis.

Bathing Without A Battle

Teepa Snow, MS, OTR/L, FAOTA, Positive Approach, LLC

During this session Teepa will focus on improving the bathing experience for both the person served and the care partner. She will provide helpful hands-on techniques that are effective for anyone needing assistance with bathing, but especially for those living with dementia. Teepa will discuss the importance of knowing the personal preferences and history of the person served. She will also discuss assessing the physical environment as well as the flow of the day, routines and care partner approach. Teepa's positive approach to care helps care partners focus on remaining abilities.

MapHabit – Visualize Your Day

Matthew Golden, Co-Founder & CEO, MapHabit

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Tuesday Continued

key activities and increase independence / self-worth for those struggling with cognitive impairment. You will learn how visual mapping can reduce caregiver turnover, provide consistency of care, increase family engagement/satisfaction and drive increases in customer acquisition.

Better Understanding and Addressing PTSD & Addiction

Stephen Wiland, LMSW, ICADC, CCS, Integrated Recovery Resources

Among adults living with behavioral health disorders, a high prevalence of historical trauma and associated PTSD symptoms are well-established. This presentation will provide an overview of trauma-informed care, and trauma-specific intervention, as well as describing how unresolved or poorly managed symptoms of post-traumatic stress pose a high-risk factor for the development of substance use disorders.

Eating Disorders: Its Prevalence and How Misconceptions Keep It Hidden

Rachael Steil, Author of Running in Silence, Speaker/Founder of Running in Silence

Rachael Steil shares her anorexia, binge eating, and bulimia experiences as an All-American runner as a reflection of thousands of athlete experiences. She describes the lure of macronutrient diets disguised as “lifestyles.” Rachael will provide an in-depth look into her recovery and what did and did not work.

Rachael discusses a culture where disordered eating is often not identified and addressed. She will introduce strategies to raise awareness about eating disorders and how to get the right resources and treatment in a timely manner.

Impact of 2020 No-Fault Auto Insurance on Provider Auto Coverage and Other Insurance/Risk Management Issues

Daniel Hale, Attorney At Law, President and CEO, Marsh & McLennan Agency of Michigan

This session will take an in-depth look at the 2020 No-Fault auto reform including: an explanation of what

Michigan No-Fault law means, what aspects are changing, what options business and individuals will have, how these changes will affect auto insurance costs, what the impact will be on group health insurance plans, how business and personal liability will be impacted and what providers should do now to prepare for these changes. This session will also cover other major developments in the insurance and risk management industry including marketing and premium trends within the healthcare and human services markets.

Autism Benefit Service Delivery: A Provider Perspective

Jeana Koerber, Ph.D., BCBA-D, LBA, Great Lakes Center for Autism Treatment and Research/Residential Opportunities, Inc.

This presentation will provide an overview of the Autism benefit and the services providers can complete. A range of services from onset of diagnosis through age 21 as well as what services may be available for these individuals after age 21 will be discussed.

Caregiving Across Michigan: Current Landscape and Future Vision

Alexis, Travis Ph.D., Senior Deputy Director of MDHHS's Aging & Adult Services Agency

Clare Luz, Ph.D., Associate Professor, College of Osteopathic Medicine, Michigan State University



An overview of national and state aging trends and information about Michigan aging and adult services priorities: addressing the direct care workforce shortage, assuring timeliness and adequacy of home and community services, and improving information and awareness services. We will examine the direct care workforce in depth, illustrate the impact on dementia care, and share strategies Michigan is adopting to increase capacity to assist older people, including people living with dementia, to age in place.

Tuesday Continued

6:45 PM – 8:45 PM

Finding Your Purpose – Maneuvering Through Your Past, Perspectives and Passions

Lori La Bey, Founder of Alzheimer's Speaks

People ask Lori La Bey all the time, “How do I find my purpose and passion?” and “How do you know, really know if what you are doing is what you are truly supposed to do?” Today, Lori will describe her life changing story of how “purpose” picked her. She will talk about how she identified and dealt with other’s perceptions of her work and in the end how and why she accepted living a path of purpose and passion when others thought she was crazy. Lori will describe how looking back can guide your future. Plus, you will receive worksheets to help you evaluate your past and current life, to give you clues to a purpose filled future. Lori will describe the emotional rollercoaster of living with passion and how to control it. Find out how little steps are true leaps of faith projecting you forward in ways you never imagined possible.

Wednesday, May 13

@ 7:30 AM

Registration Opens

8:30 AM – 10:00 AM

Concurrent Sessions

Prayer Motion

Anne Borik, M.D., Founder, Prayer Motion

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Wednesday Continued

Understanding Dementia and the Five Pillars of Brain Health

Lisa Dedden Cooper, J.D., AARP Michigan

This session is intended to equip participants on behalf of themselves, their families, their clients and their communities with a basic understanding of dementia and brain health. It offers Michigan-specific resource information and describes specific steps people can take at any age to optimize their chances of maintaining their cognitive health.

Reducing Isolation, Increasing Engagement, Enabling Aging in Location of Choice: A Community-Wide Technology Supported Innovation

Dona Wishart BA, Executive Director Otsego County Commission on Aging, Chair, Michigan Commission on Services to the Aging.

Joel Ackerman, Founder and CEO of CommunO2 (“Community Oxygen”)

An innovative program of technology enabled support is underway in 7 Michigan communities. The grant funded program provides for a unique “Community Partnership Program” that provides for 25 diverse organizations in each community, and all residents of those communities along with their family and friends, being able to use a “SuperApp” designed to connect people with each other, and also with vital community-based organizations including municipal, social services, healthcare, senior living, etc. This session will address important social impacts, early lessons learned, and a description of the assessment underway to identify improvements in social determinants of health.

Tips and Techniques to Conflict Resolution: Listen Better, Talk Less and Ask Good Questions

Peg MacDougall, Mediator, Mediation Trainer, Attorney, Resolution Services Center of Central Michigan

Active listening focuses on both facts and feelings, reduces tension and defensiveness, and allows conflict to be resolved more effectively. This session will

Wednesday Continued

provide techniques to hone your listening skills with the specific objective of resolving conflict. Learn the skill of asking neutral open-ended questions. Learn how to use listening skills to identify underlying issues or positions to resolve conflict. The session is for anyone who deals with conflict in their personal or professional life.

Creative Connections: Memory Cafes, Online Support Groups and More

Panel Presentation

Traditionally support groups have been in-person sessions focusing on the needs and well-being of care partners. With the recent development of Memory Cafes and other creative initiatives more inclusive approaches are gaining popularity. These initiatives provide support to persons living with dementia as well as care partners, families and friends. Some meet in-person while others use technology and meet online. In addition to support, many of these initiatives include social and/or educational components. In this session, you will learn about a creative connection for supporting persons living with dementia as well as their families, friends and other care partners.

Employment Law: Hot Topics

Sheryl Laughren, Attorney At Law, Berry Moorman PC

In this annual update, Ms. Laughren will share changes and potential changes to labor and employment laws emanating from administrative and court decisions and discuss how these changes impact your workforce and human resources.

Cyber Security: It's No Laughing Matter

Ian McCain, Vice President & COO- AM Data Service, Improv Comedian

An engaging and comedic session covering the not-so-funny topic of cybersecurity. Participants will explore the ever-changing cyberthreat landscape and understand the growing variety of malware, ransomware, and targeted social engineering threats that can compromise an organization. Most importantly, participants will learn how to safeguard themselves and their organizations.

10:30 AM – 12:30 PM
Concurrent Sessions

Positive Approach to Coaching Employees for Skill

Amanda Snow Bulgarelli, Chief Operations Officer-Positive Approach to Care

Awareness and knowledge gained from a training is the first step for understanding dementia and the care connected to it, but the application of skills that are more positive and supportive need more hands-on coaching. Coaching has proven to build employees' skills and knowledge while creating an environment where staff feel supported by their manager and company. Coaching helps employees experience success, become more motivated, and develop confidence in their own skills. All of these things lead to higher employee satisfaction and retention rates.

Culturally Responsive Care: A Focus on Pain Management

Sheria Robinson-Lane, Ph.D., RN, Assistant Professor, Department of Systems and Leadership, University of Michigan

Ineffective pain management is an international concern. In fact, poorly managed pain is the greatest cause of physical disability worldwide. In the US it has been estimated that pain management and related lost productivity due to pain cost more than \$500 billion a year. Effective pain management programs are inclusive, equitable, and recognize the value of diverse cultural beliefs in pain management practice. This 90-minute presentation will consider cultural linkages to the experience of pain, review US standards for culturally and linguistically appropriate care, and provide an overview to the key principles of effective pain management.

Questions?

Give us a call at **1-800-482-0118**.

Send us an email at **mala@miassistedliving.org**.

Visit our website **www.miassistedliving.org**.

Wednesday Continued

Creating a Dementia Friendly Community

Panelists: *Dr. Fei Sun, Sandy Markwood, Lori Le Bay*

Fei Sun, Ph.D., M.S.W, Associate Professor, School of Social Work, Michigan State University

Sandy Markwood, CEO, National Association of Area Agencies on Aging

Lori La Bey, Founder of Alzheimer's Speaks

Many communities and states throughout the country are working toward becoming dementia friendly communities; however, the definitions of “dementia friendly” and “community” vary. In this session, you will learn about a variety of dementia friendly initiatives across the United States. Panelist will share how each program started and how they are funded as well as the similarities and differences in their missions and visions. Additionally, learn about their successes, challenges and available resources and expertise.

To Whom I May Concern

Panel of Persons Living with Dementia

To Whom I May Concern is an interactive, storytelling performance by individuals living with dementia. It promotes dialogue between individuals living with dementia and the people around them. Nationwide, there is a growing population of persons living with dementia who are aware of their diagnosis and are speaking out. Their goals are to abolish the stigma associated with living with dementia, give voice to the lived experience and advocate for full inclusion of persons living with dementia. The To Whom I May Concern performance allows persons living with dementia to initiate conversation that many are afraid to have and then answer questions from the audience in the Talkback session that follows the performance.

Licensing Update

Jay Calewarts, AFC and Camp Licensing Division Director; Michigan Department of Licensing and Regulatory Affairs

Representatives from the Michigan Department of Licensing and Regulatory Affairs will provide this annual regulatory update related to adult foster care

and homes for the aged. A question and answer segment will be included as a part of the session

Slips, Trips and Falls: It Isn't Just a Concern for Persons Served

Augustine Syrov, Occupational Safety Consultant, Michigan Occupational Safety and Health Administration (MIOSHA) Consultation, Education and Training (CET) Division

Did you know that employee falls are the most common causes of serious work-related injuries and deaths? This session will identify the most common hazards related to worker's slip, trips and falls and best practices for eliminating risks. It will also discuss MIOSHA standards and employer requirements to protect workers.

Creating a Culture of Safety is No Accident

Ken Smylie, BS, Vice President-Loss Control for Comprehensive Risk Services

Creating a culture of safety does not happen by accident. Learn strategic action steps to improve your organization's safety culture. Be proactive by identifying unsafe acts and conditions and addressing them to prevent an injury or incident. Discover five best-practices to reduce workplace injuries. This session will also reveal the hidden cost of accidents, near-miss incidents, at-risk behaviors, mental overload, and workplace complacency.

12:30 PM – 1:45 PM
Lunch Break on Your Own

Wednesday Continued

1:45 PM – 3:15 PM

Taking Care of Yourself While Taking Care of Others

Tana Bridge, Ph.D., LMSW, CCFP, ACP, Professor, Social Work, Eastern Michigan University

It is understood that vicarious trauma is an occupational hazard that often leads to lack of job satisfaction, job productivity, and negative outcomes for both workers and agencies. Mental Health Professionals are at increased risk for vicarious trauma and yet the impact of exposures is often not recognized. In this session, participants will gain understanding of the symptoms and impacts of vicarious trauma. Further participants will learn critical skills in prevention and selfcare.



Questions?



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Send us an email at mala@miassistedliving.org.

Visit our website www.miassistedliving.org.

REGISTRATION FORM

Register online today!

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Address, City, State, Zip:			
Contact Email:	Contact Telephone:		
Special Dietary Restrictions: <input type="checkbox"/> Yes <input type="checkbox"/> No	Please Select: <input type="checkbox"/> AFC <input type="checkbox"/> NHA <input type="checkbox"/> Nurse <input type="checkbox"/> SW <input type="checkbox"/> None		

I do NOT want my name entered in the grand prize drawing or my contact information provided to exhibitors.

Register online with check or credit card! Visit www.miassistedliving.org.

REGISTRATION FEES

Pre-Conference Dementia Kick-off	\$80
EARLY BIRD PRICING (ENDS APRIL 23, 2020)	
Member Full Conference (does NOT include Pre-Conference Dementia Kick-off)	\$325
Non-Member Full Conference (does NOT include Pre-Conference Dementia Kick-off)	\$425
TUESDAY ONLY	
Member	\$245
Non-Member	\$345
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Make check payable to Michigan Assisted Living Association and mail it along with your registration form to:

Michigan Assisted Living Association
21500 Haggerty, Suite 240
Northville, MI, 48167

Or fax the registration form to: **734.525.2453**. For more information, visit www.miassistedliving.org or contact Michigan Assisted Living Association at **1.800.482.0118**.